

## Taking precautions

### What supplies should you have at home to last you at least two weeks?

Plan as if you're going on a 14-day camping holiday:

- **Water:** an emergency supply of **two litres of liquid** per day and head
- **Food:** non-perishable foods such as jars/preserves (fruit and vegetables), cereals and legumes, pasta, rice, crisp bread, sugar, long-life milk
- **Cash** (enough for two weekly shops in small notes and coins - stored in a safe place!)
- **Medicine:** Home medicine cabinet and essential personal medications (such as insulin)
- **First aid kit**
- **Sanitary products**
- **Candles, matches**
- **Radio** (battery or solar powered) or wind-up radio
- **Spare batteries**
- **Camping stove, fuel paste**
- **Full tank of petrol in the car**
- **Pet supplies**, if necessary (water, food)
- **Wood** for heating/fireplace where appropriate, sleeping bags, blankets and warm clothing

**Do not use open flames in enclosed spaces - risk of fire and suffocation/poisoning!**

## Additional information

### Information for your home town

Please check with your local municipality or town about local plans.

For more information on disaster protection and preparedness, please visit the web pages

- of the Ostholstein district at [www.kreis-oh.de/katastrophenschutz](http://www.kreis-oh.de/katastrophenschutz),
- of the state of Schleswig-Holstein at [www.schleswig-holstein.de/katastrophenschutz](http://www.schleswig-holstein.de/katastrophenschutz) and
- the Federal Office for Civil Protection and Disaster Assistance (BBK) at [www.bbk.bund.de](http://www.bbk.bund.de)

#### Imprint

Publisher: Kreis Ostholstein  
Fachdienst Sicherheit und Ordnung  
Lübecker Straße 41  
23701 Eutin

Cover picture: pixabay.com  
Graphic: Ostholstein district, Recklinghausen district  
Last updated: 12/ 2022



KREIS  
OSTHOLSTEIN



## Blackout

What if there is a **power outage**

*Advice on what to do and what precautions to take*



*Disaster protection*

## Blackout

### What is a blackout?

A blackout is a prolonged power, infrastructure and supply failure, usually not just in your immediate region. Regional outages can often be resolved within hours, but it can take several days in the case of an outage that affects a larger area. This is to be distinguished from temporary technical disruptions (10 to 15 minutes) to the power supply.

### How do I know it's a blackout?

Is the power supply only interrupted in my home or are my surroundings (neighbourhood, street lamps) also affected?

Are telephone, radio and internet still working?

## Warning and information

### Public warning systems

Mobile MoWaS warning system: Sends information and alerts from government authorities to various apps (such as NINA).

### How/Where do I get up-to-date information?

- NINA warning app  
(only if you can get a mobile data signal)
- Cell Broadcast is being tested  
(only if mobile phone network is working)
- Radio (battery or solar powered)
- Car radio
- (Mobile) loudspeaker announcements
- City halls / Notice boards in central locations

## Emergency information centres

**Keep calm and think things through!**

### Emergency information centres in Ostholstein

Please check with your local municipality or town about the locations of the emergency information centres.

**The emergency information centres offer the following:**

- Reporting point for emergencies/ emergency calls (instead of 112/110)
- The latest official information about the general situation



### What does no electricity mean for the region?



#### No drinking water

Cooking, shower, toilet



#### No light

From reading lamps to street lights



#### No cooling

Fridge, freezer, private&commercial



#### No money transactions

Cash machines, cash registers, payment transactions, petrol stations



#### No communication

Mobile phones, landlines, internet, TV, emergency calls



#### No shopping

Food, drinks, supermarkets, goods traffic



#### No heating

Private and public



#### No medicines

Emergency medicine

Please start visiting the websites of your local administrative authorities **regularly** to find out about **emergency information centres**, emergency drop-in centre locations, recommendations and general information on this matter.

**Please always keep yourself up to date in this regard.**

The OH district and its towns, municipalities and government agencies are making preparations. Please find out about what to do in the event of a power outage, for example on the BBK website ([https://www.bbk.bund.de/DE/Warnung-Vorsorge/Tipps-Notsituationen/Stromausfall/stromausfall\\_node.html](https://www.bbk.bund.de/DE/Warnung-Vorsorge/Tipps-Notsituationen/Stromausfall/stromausfall_node.html)) or on the website of the district: [www.kreis-oh.de/katastrophenschutz](http://www.kreis-oh.de/katastrophenschutz)